



Thrifty?

She saves everything.

EVEN THE USED TIN FOIL.

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LOVELACE SENIOR SERVICES

Lovelace Health Systems
PO Box 27107
Albuquerque, NM 87125
www.lovelace.com

*This program is neither offered nor guaranteed under our contract with the Medicare program, but is available to all enrollees who are members of Lovelace Senior Plan. This program is not subject to the Medicare appeals process. Any disputes regarding this program may be subject to the Lovelace Senior Plan grievance process. Should a problem arise with this program, please call Lovelace Senior Plan for assistance at 232-1883. Our customer service hours are Monday through Friday, 8:00 am until 5:00 pm. These programs will be available for the entire contract year.

For more information about the Lovelace Senior Plan, please call 262-3757. Or, complete the attached card and mail it in.

For hearing impaired assistance, call 505-232-1810 or 1-800-659-8331.

Lovelace Health Plan is a Federally qualified HMO with a Medicare+Choice contract with the Centers for Medicare and Medicaid Services (CMS). Anyone with Medicare Part A and Part B may apply including those under age 65 entitled to Medicare on the basis of Social Security Disability Benefits and those who have elected Hospice coverage under Original Medicare (those having End Stage Renal Disease may qualify under certain requirements). Members must continue to pay Medicare premiums and must use Plan providers.

LSP 262

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LOVELACE SENIOR PLAN

- Please send me more information.
- Please call me, I would like to set up an appointment for a friendly Lovelace Senior Plan representative to visit me and answer my questions without any obligation to enroll.
- I would like more tips! Please put me on the *Health and Fitness for Seniors* mailing list.

My phone number: (____) _____ - _____

The best time to call is _____ AM _____ PM

Name _____

Address _____

City _____ State _____ Zip _____

Judy has a reputation for being thrifty. She denies it, even though she rewashes the plastic spoons we get free from the coffee shop. She says it's a waste to do otherwise and I respect the way she is. I think she's probably saved us a lot of money over the years. However, when I look at our prescription medication bills I wonder if all of her carefulness all these years will even make a difference. Now she tells me we should switch to the Lovelace Senior Plan. Knowing Judy, we're about to save a lot of money.



LOVELACE SENIOR PLAN



TAKE MEDICATIONS AS INSTRUCTED

Always follow the label instructions on your prescription medications. Even if your symptoms subside or you feel better, finish the medication as indicated, unless your doctor tells you otherwise.



EXPIRATION DATES

Throw away all medicines (prescription and over-the-counter) that have expired. Medicines that are past their expiration date may no longer be effective.



MEDICINE IN THE MEDICINE CABINET?

Believe it or not, you shouldn't keep prescription and over-the-counter medications in your bathroom medicine cabinet. Heat and humidity from your shower may break down the chemicals in some drugs rapidly, causing them to lose their effectiveness. Instead, keep your medications in a cool, dark and dry place.



For more tips, complete and return the attached card. ►

Did you know?

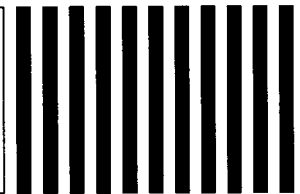
Did you know the Lovelace Senior Plan has added a \$500 combined generic and brand pharmacy benefit to our \$0 premium plan? It's true. You can also choose from two optional supplemental benefits that offer additional pharmacy coverage -unlimited generics with either a \$750 or \$1,500 brand maximum. Plus, Lovelace-owned pharmacies will offer an additional 10% discount* off of retail price to our members.

The Lovelace Senior Plan also features a dental option,* routine hearing exams and the ability to see most network specialists without a referral. Ask a Lovelace member how easy it is to get an appointment with a Lovelace doctor. We think you'll agree that our Senior Plan was created with you in mind.

Lovelace Senior Plan.

SEE THE DIFFERENCE FOR YOURSELF.

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