



Surprise!
It's a good idea for a party.

BUT NOT FOR INSURANCE.

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LOVELACE SENIOR SERVICES

Lovelace Health Systems
PO Box 27107
Albuquerque, NM 87125
www.lovelace.com

*This program is neither offered nor guaranteed under our contract with the Medicare program, but is available to all enrollees who are members of Lovelace Senior Plan. This program is not subject to the Medicare appeals process. Any disputes regarding this program may be subject to the Lovelace Senior Plan grievance process. Should a problem arise with this program, please call Lovelace Senior Plan for assistance at 232-1883. Our customer service hours are Monday through Friday, 8:00 am until 5:00 pm. These programs will be available for the entire contract year.

For more information about the Lovelace Senior Plan, please call 262-3757. Or, complete the attached card and mail it in.
For hearing impaired assistance, call 505-232-1810 or 1-800-659-8331.

Lovelace Health Plan is a Federally qualified HMO with a Medicare+Choice contract with the Centers for Medicare and Medicaid Services (CMS). Anyone with Medicare Part A and Part B may apply including those under age 65 entitled to Medicare on the basis of Social Security Disability Benefits and those who have elected Hospice coverage under Original Medicare (those having End Stage Renal Disease may qualify under certain requirements). Members must continue to pay Medicare premiums and must use Plan providers.

LSP 266

LOVELACE SENIOR PLAN

- Please send me more information.
- Please call me, I would like to set up an appointment for a friendly Lovelace Senior Plan representative to visit me and answer my questions without any obligation to enroll.
- I would like more tips! Please put me on the *Health and Fitness for Seniors* mailing list.

My phone number: (_____) _____ - _____

The best time to call is _____ AM _____ PM

Name _____

Address _____

City _____ State _____ Zip _____

My wife and I had been counting the days before we could visit our grandchildren in their new

home. Little did we know that they had planned a surprise party for our arrival. On the airplane, my wife started to get one of her really bad migraines. By the time we landed, we knew she had to see a doctor right away. Our children were new to the area, so they didn't know any doctors, and we found out that our insurance didn't cover emergency care away from home. We spent a fortune at the emergency room at the local hospital. It's a shame we didn't know about the Lovelace Senior Plan then.



LOVELACE SENIOR PLAN



DON'T DRINK THE WATER

Avoid drinking tap water while you are traveling outside the United States and Canada. Instead, purchase bottled water; it's readily available in most countries.



AIR TRAVEL

If you're traveling by plane, it's a good idea to pack your medicines and spare eyeglasses in your carryon. If your medicines are particularly essential, pack a backup supply in your checked baggage.



FOREIGN TRAVEL

Knowing how to protect yourself against health risks while traveling overseas is not easy. So don't forget to schedule an appointment with the Lovelace International Travel Health Clinic before you start packing. Our physicians have extensive experience in infectious disease, wilderness medicine and internal medicine.

For more tips, complete and return the attached card. ▶

Did you know?

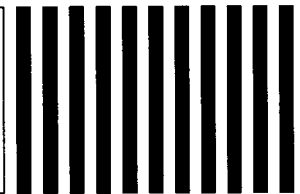
Did you know that Lovelace Senior Plan members can receive urgent or emergency care anywhere they travel? It's true. And it's covered by Lovelace. We believe that providing our members with quality care shouldn't mean sacrificing convenience and simplicity.

With Lovelace Senior Plan, you will pay \$50 for emergency services and up to \$20 for urgent care should you need it anywhere in the world. Ask a Lovelace member how easy it is to get an appointment with a Lovelace doctor. We think you'll agree that our Senior Plan was created with you in mind.

Lovelace Senior Plan.

SEE THE DIFFERENCE FOR YOURSELF.

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